

RAIDERS

SDR Academy



Website:

<https://sdracademy.com/>

Raiders Age Groups:

U7, U9

Applicable Age Groups:

U7, U9, U11, U13, U15, U18

Partner Overview:

The core focus of our Hockey Development Program is developing Hockey IQ, strength on and off the ice and fundamental hockey skills. At SDR Academy, we believe it is essential that each player build on their unique strengths and overcome their weaknesses. That is the foundation of our programming, and we believe it is how players grow their game.

We've developed our High-Programs Hockey Training to be the right blend of training to advance our #SDRAthletes both mentally and physically. A lot of hockey programs focus on game outcomes. At SDR, we are focused on the process, of learning and repeating behaviors that promotes confidence and skill improvement. Our High-Performance Programs include a mix of on-ice and off-ice training with our highly trained SDR Coaching Team.

Coach Profile(s):

Becky Mcgee: Coach Becky brings a strong vision for the game of hockey, and as a certified Dale Carnegie trainer, she knows a thing or two about the importance of just-in-time coaching. In her own playing career, Coach Becky played high performance hockey for the Oval Xtreme in Calgary, competed in several national championships and was a member of the national junior team. She coached Midget AAA for 10 years, even winning coach of the year. She is currently involved in Minor Hockey in Calgary as a volunteer Board Member and Coach for your two daughters. And for Coach Becky, sport is indeed a family affair – with her husband, mom and sisters frequently in the stands cheering on her team. In fact, she draws inspiration from her mom and her way of seeing everything as an opportunity. Coach Becky believes in lifelong learning, and with a unique ability to communicate with young athletes, her goal is to pass on her passion for physical literacy. Being involved in sports as a kid gave her the gift of confidence, and she hopes all SDR athletes walk away with the conviction that anything is possible – if you put the work in. And hard work is something Coach Becky has never shied away from, even as a teen logging long, hot days of manual labor working for her dad's swimming pool business. But there are a couple of things she is afraid of: snakes and rink mice. And if you want to really rile up Coach Becky, simply point out that thin strip of ice that the Zamboni missed.

Dean Seymour: Dean Seymour grew up in Saskatoon and played all his minor hockey in the Flyer zone and later for the Saskatoon Contacts of the Midget AAA league. After 2 all-star seasons with the Yorkton Terriers and a berth in the Royal Bank cup Dean received a Hockey Scholarship to Northern Michigan University. After college, Dean went on to play nine years of pro hockey that saw his career take him from the United States, to Germany, Switzerland, Denmark, Sweden, and Finland, highlighted by an invite to the 2001 Spengler cup. Now in Calgary Dean spends most of his time working for Hockey Canada developing players by sharing the skills and instruction he has received throughout North America and Europe. Dean also values his time with family and friends but especially cherishes the time with his wife Erinn and their two boys Ben and Max.



Raiders Nation!
<https://raidersh.ca>



RAIDERS

HDL



Website:

<https://www.hockeydl.com/>

Raiders Age Groups:

U7

Applicable Age Groups:

U7, U9, U11, U13, U15, U18

Partner Overview:

HDL power skating is pleased to offer a variety of training options for coaches, teams, individuals, and associations. Hockey DL professional, certified, and experienced instructors can help you take your team to the next level.

Teams - HockeyDL instructors can attend one of your regularly scheduled practices and run a fully customized program for your team. We welcome and encourage coaches to come on the ice during these sessions.

Associations - HockeyDL is a valuable asset for coaches and teams. Associations can integrate our skating sessions into their teams yearly practice schedule. Coaches will be able to incorporate the skating drills into their seasons development plan.

The HDL Philosophy: Exposing young hockey players to the fundamentals of skating in order to build a strong foundation for ongoing development.

Coach Profile(s):

Certified. Experienced. FUN! That's what you can expect from the team at HockeyDL.

Lee Isaak and Dan Giasson - 2017 Hockey Calgary Coach of the Year, 2018 Hockey Calgary League Chair, Director of Operations PW Prospects Cup 2019, 2022, Alberta Winter Games 2020, U18AA Assistant Coach 2019/20, U15AA Assistant Coach 2020/21, U16AA Assistant Coach 2021/22. U17AAA Assistant Coach 2022/23. Hockey Alberta Prospects Cup Assistant Coach 2023.

Our founders, SVHA, GHC Coaches and professionally certified power skating instructors, deliver a fun and positive spin on the most important skill in the game of hockey...SKATING!

Skating is a skill that not only sets players apart from each other on the hockey rink, but lays the foundation from which all other hockey skills successfully develop. At HockeyDL your child will be challenged to their highest potential in a positive environment, giving them the confidence to succeed each time they step out on the ice.



Raiders Nation!
<https://raidershca>



RAIDERS

Duncan Hockey



Website:

<https://www.duncanhockey.ca/>

Raiders Age Groups:

U11,U13

Applicable Age Groups:

U7, U9, U11, U13, U15, U18

Overview:

Hockey is FUN, that is our motto! Focus on and off the ice, Understanding yourself, the game, your team, and your opponent, and Never giving up! Duncan Hockey Skills and Development Ltd. offers training for all ages and skill levels. Whether you are just starting out or already at a competitive level - our lessons and training may just be the perfect fit for you!

Coach Profile(s):

Katie (Duncan) Wilton

Katie, or as many people call her, Duncan started playing hockey at 8 years old. She played hockey for Queen's University Gaels for her 5 years of eligibility, graduating in 2013 with a Bachelor of Science Honors with a major in Chemistry. Duncan finished her hockey career as one of the Gaels captains and received the All-Time Leader (Defense) Milestone Award. She also attended the University of Calgary and graduated with a Bachelor of Education. Duncan has been a coach since 2010, and has coached at various levels; age and skill. Her coaching style focuses around knowledge and technique, with a whole lot of fun!

Mike Wilton

Mike began his relationship with hockey when meeting Katie at Queen's University. Mike graduated in 2013 with a Bachelor of Science major in Mechanic Engineering and a Bachelor of Arts major in Economics. Mike has always lived a very active lifestyle, in the gym, on the ice, and on the field. Throughout his university years, Mike volunteered as a coach. His coaching style focuses on encouraging the importance of hard work and never giving up.



RAIDERS

Dynamite Hockey



Website:

<https://www.dynamiteboxingclub.com/hockey>

Raiders Age Groups:

U15, U18

Applicable Age Groups:

U11, U13, U15, U18

Partner Overview:

Our development programs target building speed, strength, confidence, skating technique, flexibility, nutrition, hand eye coordination, hockey IQ and rest/recovery.

We focus on skill development, technical refinement, and overall athletic improvement to achieve their full potential. We will focus on hockey-specific boxing-style off-ice training to build strength, conditioning, speed, agility, confidence, and stamina.

Boxing is hands down the #1 off-ice and off-season training for hockey players and all athletes.

Our coaches are skilled, certified, motivational and passionate.

We stress the importance of hard work, work ethic and respect on and off the ice within your team and within your home and community.

Dynamite is proud to say that we help build players of all levels. We believe that everyone should have the opportunity to better their skills, learn and become the best version of themselves with hard work and commitment. We provide the tools that each athlete requires to achieve their full potential.

Dynamite believes that all athletes will get results they seek with the work and effort produced by themselves. We will push you to achieve greatness and be your support through the entire process. Hard work, work ethic and resilience can't be taught but it is inside of each player. You just need to want it bad enough!

Dynamite Boxing believes in community and respect in and outside of it. We want to help create a culture where these athletes are involved within their community and their association, plus respectful in and outside of the rink.

Our team of experienced, certified and skilled coaches will push you to your limits and beyond.

