



RAIDERS HOCKEY CLUB - Introduction to Hockey Program

Raiders Hockey Club is proud to partner with Hockey Calgary, Flames Foundation, and our two Source for Sports retail outlets to run our Introduction to Hockey Program. The 8-week hockey program will be open to players who are trying out hockey for the first time or have minimal skating and hockey experience. Each ice time balances skating skills with activity-based games to help players build the skills needed to enjoy hockey as a lifelong sport!

****** There might even be a special appearance by a Flames Alumni player! ******

The Raiders Introduction to Hockey Program is designed:

- For players born between 2020 – 2016
- To develop basic hockey skills that allow players to have fun and experience success in a full- time program
- To start to interact with other players and learn to skate within a hockey program and with hockey equipment

The Raiders Introduction to Hockey Program will feature:

- Raiders Hockey and other Certified Hockey Coaches
- Custom Raiders Jerseys and Hockey Socks

Program Details:

- Cost: \$200.00 (includes 8 ice sessions, 9 hours total)
- Open to those families living in the Raiders designated communities.

2025 Program Dates/Times/Arenas:

Sundays, January 19th, 26th, Feb 2nd and 9th.

These one-hour sessions will be held at Crowfoot Arena, 8080 John Laurie Blvd. NW.

No Family Day Sunday

Sundays, February 23rd, March 2nd, 9th and 16th

These 75-minute sessions will be held at VIVO, 11950 Country Village Link NE.

This is the Registration Link: <https://go.teamsnap.com/forms/432047>

You will be prompted to choose one of these Groups:

Group 1

Noon to 1:00 pm (First 4 sessions at Crowfoot Arena)

Noon to 1:15 pm (Last 4 sessions at VIVO)

Group 2

1:15 to 2:15 pm (First 4 sessions at Crowfoot Arena)

1:30 to 2:45 pm (Last 4 sessions at VIVO)

Group 3

2:30 to 3:30 pm (First 4 sessions at Crowfoot Arena)

3:00 to 4:15 pm (Last 4 sessions at VIVO)

What to Expect at the First Session:

At the first ice session, parents and players will check-in at the lobby of the Crowfoot Arena. From there, a volunteer will direct you towards a dressing room so that players can get dressed. Each player will be given a name tag with a color on it for their helmet. These colored stickers allow us to split players into 3 groupings on the ice, based on birth year. In doing so, we can introduce hockey to a range of future Raiders players while they are still able to interact with similar aged peers.

While speed that players get dressed tends to vary, we would recommend being at least 30 minutes early for your first ice time. Raider coaches and volunteers will be present in the dressing rooms to help with equipment fitting and questions.

When on the ice, we are aiming to have 2-4 coaches and junior coaches per station. This amazing commitment by our community to help us grow the sport is something that we are grateful for and proud of. With a ratio of 2-4 players per coach, we are excited to be able to help out players as they learn to skate in equipment and engage in hockey.

What Equipment is Needed:

Every time a player hits the ice for our Introduction to Hockey Program, they will need to have full hockey equipment. This includes:

- An athletic Jock or Jill
- Hockey Shin Pads
- Hockey Pants
- Skates *
- Hockey Shoulder Pads
- Hockey Elbow Pads
- Hockey Gloves
- Neck guard
- Certified Hockey Helmet with Facemask
- An Ice Hockey Stick **
- Hockey Jersey and Socks (these will be distributed at the first ice session)

** Typically skates from the manufacturer come with only a slight edge that is difficult to skate on. If your player has new skates that were not sharpened at the time purchased, taking the skates into Source for Sports, Pro Hockey Life, Sportchek, , or a local business is a must before the first ice time. Typically, a skate sharpening only takes between 15-45 minutes and range from \$5-\$12.*

*** A hockey stick should be cut to an appropriate length for each player. When a player is on their skates, a good rule of thumb is for the stick to be approximately chin to nose height when stood straight up. The blade and the butt end of the stick should also be taped using hockey stick tape. Often the way a player tapes their stick will include personal preference, but the basics can be read about here:*

<https://www.purehockey.com/c/how-to-tape-a-stick>.

Please note that mouth guards are at the parent's discretion during the Intro to Hockey Program. Keep in mind that as they move into the Hockey Calgary programs, use of mouthguards is mandatory.

Players typically have different preferences as to what to wear under their hockey equipment. For younger players, we recommend a thin long-sleeved shirt and similar long underwear. While this isn't needed, when players are smaller, elbow and shin pads tend to move slightly, or Velcro can rub on the skin. This results in players skin being irritated or a player becoming uncomfortable or distracted.



SPECIAL OFFERS for our Introduction to Hockey registrants:

If you are looking to buy new equipment, Raiders Hockey has partnered with **Tuxedo Source for Sports (2520 Centre St N)** to offer a Youth and Junior Package for our Introduction to Hockey registrants. Please bring proof of registration.

Youth Package is \$295.00, and the Junior Package is \$395.00. Each packages includes:

Jock or Jill
Skates
Hockey Gloves
Hockey Stick

Shin Pads
Shoulder Pads
Neck guard

Hockey Pants
Elbow Pads
Helmet with Facemask

Our second partner is **Adrenalin Source for Sports/Northland Mall**. They offer these packages and pricing.

				
				
PRODUCT	YOUTH PACKAGE		JUNIOR PACKAGE	
SHIN	SGNEXT23-YT	\$34.99	SGNEXT23-JR	\$59.99
SHOULDER	SPNEXT23-YT	\$39.99	SPNEXT23-JR	\$79.99
ELBOW	EPNEXT23-YT	\$29.99	EPNEXT23-JR	\$39.99
PANTS	HPNEXT23-YT	\$44.99	HPNEXT23-JR	\$69.99
GLOVES	HGNEXT23-YT	\$49.99	HGNEXT23-JR	\$64.99
NECKGUARD	NG600YT1	\$19.99	NG600JR1	\$19.99
HELMET/CAGE	HT70C-YT	\$84.99	HT70C-JR	\$84.99
SKATE	SKAS550-YT	\$59.99	SKAS550-JR	\$69.99
JOCK	SPT0104YTH	\$19.99	800:JKSHM	\$69.99
STICK	HSRC7Y:YT (20 or 30)	\$69.99	HSJ660-JR (40 or 50)	\$24.99
SUBTOTAL		\$454.90		\$604.90
TOTAL	With 35% discount	\$295.69	With 35% discount	\$393.19
	With \$100 program fee	\$392.69	With \$100 program fee	\$493.19

In addition to these individual pieces, they offer a boxed starter kit which includes everything other than skate, stick, neck guard and helmet combo for \$130 for youth size and 35% off all of the other pieces.

Questions can be directed to:

Lynne Cook
 Administrator
 Raiders Hockey Club
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