



RAIDERS HOCKEY 2025 AUGUST PRE-SEASON CONDITIONING CAMP

This camp will cover a wide range of skills development, conditioning, and most of all FUN!

This camp will be led by our experienced and professional Development Partners.

Camp Location is Crowfoot Arena, 8080 John Laurie Blvd. NW

The camp will focus on preparing athletes for the upcoming hockey season through hockey fundamentals such as: • Skating Skills • Puck Skills • Shooting • On-Ice Conditioning

Player Fee is \$250/per week, 5 evening ice times, Monday to Friday. Ice times are 60 minutes.

Goalie Fee is \$50/per week, 5 evening ice times, Monday to Friday. Ice times are 60 minutes.

Note there is no instruction specific to the Goalie position.

30 Players and 2 goalies max per time slot.

Week #1 - Mon-Fri Aug 18 – Aug 22 Registration Link: <https://go.teamsnap.com/forms/474747>

U9/U11 – 4:30pm – 5:30pm, Instructors from P3 Sports

U11/U13 – 5:45pm – 6:45pm, Instructors from P3 Sports

U13/U15 – 7:00pm – 8:00pm, Instructors from Dynamite Boxing/Hockey

U15/U18 – 8:15pm – 9:15pm, Instructors from Dynamite Boxing/Hockey

Week #2 - Mon-Fri Aug 25– Aug 29 Registration Link: <https://go.teamsnap.com/forms/475580>

U9 4:30pm – 5:30pm, Instructors from P3 Sports

U11 5:45pm – 6:45pm, Instructors from P3 Sports

U13 7:00pm – 8:00pm, Instructors from Dynamite Boxing/Hockey

U15 8:15pm – 9:15pm, Instructors from Dynamite Boxing/Hockey

U18 9:30pm – 10:30pm, Instructors from Dynamite Boxing/Hockey

Note: All camp age designations are based on where athletes will play in the upcoming 2025-26 season.

U9: 2017 and 2018

U11: 2015 and 2016

U13: 2013 and 2014

U15: 2011 and 2012

U18: 2008, 2009, 2010

Development Partner: At P3 Sports Inc, we provide our athletes with the best conditioning techniques to elevate their on-ice game. We do this by developing sports and position-specific programs to maximize the performance of our players. P3 Sports provides the best hockey training for our athletes and is also dedicated to promoting both mental and athletic growth. www.p3sportsinc.ca

Development Partner: Dynamite development programs target building speed, strength, confidence, skating technique, flexibility, nutrition, hand eye coordination, hockey IQ and rest/recovery.

www.dynamiteboxingclub.com

Visit their websites to find out more about our Partner Companies and their Coaches.

Thank you for supporting Raiders Hockey!

Net proceeds are allocated to our Player/Goalie/Coach Development Program.

